



BOARD OF DIRECTORS MEETING MINUTES March 1, 2022

This RBHA Board of Directors Meeting was held as an electronic meeting due to a local state of emergency declared by City Council in Resolution No. 2020-R025 pursuant to Virginia Code § 44-146.21 arising from the disaster represented by the spread of COVID-19. The continuing risk of infection from new variants of COVID-19 makes a meeting of a quorum of the Board in a single location unsafe.

Board members and staff participated by teleconference/videoconference via Zoom. The general public was able to participate by teleconference/videoconference via Zoom.

RBHA Board members present by roll call: Dr. Joy Bressler; Scott Cannady; Irvin Dallas; Vice Chair; Dr. Cheryl Ivey Green, Chair; Karah Gunther; Shauntelle Hammonds; Dr. Brian Maiden; Sarah Mines; Dr. Cynthia Newbille; Malesia "Nikki" Taylor and Eduardo Vidal.

RBHA Board members absent: Denise Dickerson, Secretary/Treasurer.

Staff present: Dr. John Lindstrom, CEO; Amy Erb; Bill Fellows; Susan Hoover; Dr. Jim May; Shenee McCray; Carolyn Seaman; Michael Tutt; Cristi Zedd and Meleese Evans, Executive Assistant.

RBHA's Legal Counsel: Jon Joseph of Christian & Barton, LLP.

Guests: None.

Proceedings:

- The meeting was called to order at 3:01 p.m. by Dr. Cheryl Ivey Green.
- The Board meeting minutes for February 1, 2022 were approved with a motion by Dr. Cynthia Newbille and seconded by Dr. Joy Bressler. The motion carried by the following board member roll call vote: (10:1). Scott Cannady was not present during the vote.
- Public Comment: None.

Employee Recognitions

- Sheena Garner, Benefits and Equality Manager in the Human Resources Department, was recognized as employee of the month.

Board Chair Report - Dr. Cheryl Ivey Green

- Dr. Cheryl Ivey Green welcomed Sarah Mines to the RBHA Board of Directors and Board members and staff introduced themselves.
- Dr. Green thanked Dr. Lindstrom and the Executive Leadership Team for all the work that has been done and will be done, as we try to maintain a safe and healthy environment for staff and the consumers we serve.
- Dr. Green stated we are adjusting to a new administration in the Governor's office and trusts that we will continue to be able to provide the services we have been providing; and, looking forward to hearing how we can move forward with advocacy work particularly as City Council is immersed in the budget.
- Looking forward to acknowledging the Wayne Blanks Service in Recovery award recipients during the staff and Board members gathering this spring.

Chief Executive Officer's Report - Dr. John Lindstrom

- The CEO Report was discussed and is included in today's board meeting packet and with today's meeting minutes.

- The Commissioner of the Virginia Department of Behavioral Health and Developmental Services (DBHDS), Nelson Smith, visited RBHA last month. The Commissioner met with several members of the Executive Leadership Team, viewed a presentation of our other facilities to let him know our presence around the metro area and in the region, to include the video of our mural unveiling, and toured the 5th Street building.
- Dr. Lindstrom introduced Sarah Mines and is looking forward to Sarah being engaged in Board activities and joining a Board Committee soon.

RBH Foundation Report – Carolyn Seaman

- The Foundation Development Report was discussed and is included in today's board meeting packet and with today's meeting minutes.
- Recently received approval from a small grant application submitted to Aetna Better Health of funding for gym equipment at the North Campus and gym and exercise equipment at the Marshall Center.
- Dr. Green asked Board members to please remember to support the RBH Foundation throughout the year.

Committee Reports:

Access & Service Delivery Committee – Malesia "Nikki" Taylor

- The Access & Service Delivery Committee reviewed and discussed the RBHA Service Data report for the 1st Quarter of FY-22 and the Human Rights report.
- The Human Rights reports noted six (6) complaints throughout the 1st Quarter of FY-22. Zero were determined to be potential Human Rights Violations.
- The Committee discussed several topics for future Board presentations. The Certified Community Behavioral Health Clinics Grant will be presented during today's meeting with the remaining presentations to follow beginning next month.
- The RICH Integrated Care Clinic has served over 3,500 consumers and a new Nurse Practitioner has been hired. The clinic is now in the very last stages of renovations and staff have begun to move into the newly renovated space.
- A draft report of the Access and Service Delivery Committee meeting is included in today's board meeting packet.

Advocacy & Community Education Committee – Scott Cannady

- The Advocacy and Community Education Committee has not met since the last board meeting.

Executive Committee – Dr. Cheryl Ivey Green

- The Executive Committee has not met since the last Board meeting.

Finance Committee Report – Irvin Dallas

- Due to issues around recording Case Management Services, Profiler was not closed in time to prepare January Financial Statements. Accordingly, complete statements for January and February will be presented in the next Board meeting.
- Total cash in the bank at January 31st was \$27.1 million, and RBHA's share of that cash is \$9.4 million.
- RBHA's current operating reserve ratio for January was 1.23 or more than 2 months of expenses.
- The note payable balance at January 31st was \$2.8 million and will be recorded in the current and long-term liabilities section of the Balance Sheet.

Human Resources Committee –Irvin Dallas

- The Human Resources Committee has not met since the last Board meeting.

Nominating & By-Laws Committee – Dr. Joy Bressler

- The Nominating and By-Laws Committee has not met since the last Board meeting.

Presentation: Certified Community Behavioral Health Center (CCBHC) was presented by Jim May, Ph.D., COO, Planning, Dev., Research, Evaluation & Substance Use Disorders Services; Dawn Farrell-Moore, LCSW, CSAC, Director, Grants, Research, Evaluation & Planning; Neal Masri, MSW, Ph.D., Evaluation Program Supervisor, Grants, Research, Evaluation & Planning; Sara Hilleary, LPC, CSAC, Care Coordinator Supervisor II, RICH Recovery Clinic and Brittany Forrest, MPH, Health Outcomes Analyst, Grants, Research, Evaluation & Planning. The presentation is included with today's meeting minutes.

The meeting adjourned at 4:44 p.m.

The next Board of Director's meeting will take place on Tuesday, April 12, 2022, at 3:00 p.m.

Respectfully Submitted:



Dr. Cheryl Ivey Green
RBHA Board Chair



Dr. John P. Lindstrom
Chief Executive Officer

Richmond Behavioral Health Authority
Board of Directors
Chief Executive Officer's Report
March 1, 2022

February was a brief and chilly month. We all look forward to warmer temperatures and improving COVID-19 conditions in our community.

Beginning today, March 1, we will be fully open for in-person services at our 107 S. Fifth Street location. Outpatient, Same Day Access, Medication Management (Psychiatry and Nursing), Primary Care (RICH), and Pharmacy services will be open weekdays for in-person and hybrid (telehealth option) for scheduled and unscheduled consumer contacts. Case management and other services operating largely on a telework/telehealth platform during the last two years will gradually return to high levels of office presence by April 1. We are in the process of planning hybrid work schedules, allowing for a combination of office-based and telework. We also will be closely following the latest CDC guidance with the goal of opening beds/capacity in our Adult Crisis Stabilization Unit and the North Campus. Of course, staffing remains a challenge with current workforce shortages.

During the month of March, we will be recognizing several areas and/or groups vital to RBHA. March is National Social Work Month. Social Workers represent a high percentage of our workforce and are the backbone of our licensed clinical staff. March is also Developmental Disabilities Awareness Month. Our Early Intervention, Developmental Services, and REACH employees are critical to RBHA's mission and to the lives of many residents through the life span. Finally, March is Problem Gambling Awareness Month. Problem gambling is the newest challenge put on the plate of RBHA's Prevention Services team.

The FY 2023 budget planning process will begin in earnest this month. Personnel and budget development worksheets will be distributed in early March. We plan to submit a budget proposal to the RBHA Finance Committee in May, followed by submission to the full Board of Directors in June. As in the past, we will not have final city budget figures until late May and our Letter of Notification from DBHDS is typically not received until May as well. In a recent Finance Committee meeting it was suggested that the subject of this year's June Retreat might focus on the *Sources and Management Challenges Pertaining to RBHA Revenues*.

RBHA leadership and staff continue to focus on a rather long list of projects. Just to highlight a few –

Marcus Alert Implementation

Call Center & Crisis System Expansion

Mayor's and Governor's Challenge to Prevent SMVF Suicide

RBHA's Internal Crisis Task Force

RBHA's Revenue Cycle Task Force

Evolving Public Health Guidance on COVID Operations

CCBHC & CMHC Grants

Emergency & Inclement Weather Operating Codes

RBHA Equity Council

Respectfully submitted,



John P. Lindstrom, Ph.D., LCP
Chief Executive Officer

RBHA Board Meeting
Development Report – March 1, 2022

Richmond Behavioral Health Foundation

YTD Income (minus grants) unrestricted to RBHF: \$18,381.81 (as of 02/28/22)

YTD grants awarded: \$71,000 + \$4,996.46 (grant awarded in FY2021) = \$75,996.46

YTD gifts-in-kind: \$81,874.82 (donated items + volunteer hour value)

YTD Total Revenue: \$190,503.09 (includes GIK values)

	Current Year (FY22)	Past Year (FY21)	2 years ago (FY20)
	Total Grants/Requests Submitted in FY21 (July 1, 2021 – June 30, 2022)	Total Grants/Requests Submitted in FY21 (July 1, 2020 – June 30, 2021)	Total Grants/Requests Submitted in FY20 (July 1, 2019 – June 30, 2020)
Number of Submitted Grants/Requests	11 Total: \$609,500.00	7 Total: \$108,820	2 carryover from FY19 (\$40,000) 10 (TOTAL: \$151,000)
Number of Funded Grants/Requests	6	3	7
Dollar Value of Awarded Grants/Requests	\$71,000.00	\$51,320	\$142,000
Number of Pending Grants/Requests	2	1	0
Dollar Value of Pending Grants/Requests	\$130,000.00	\$15,000	0
Number of Denied Grants/Requests/Postponed	3	3	2 - denied 3 – cancelled (COVID)
Dollar Value of Denied or Partially Funded Grants/Requests	\$408,500	\$57,500	\$59,000
Gifts in Kind - Monetary Value (Includes Value of Volunteer Hours and Value of donated items)	\$42,324.82 (Volunteer Hours Value) \$39,550.00 (Donated Items Value)	\$68,357.20	\$57,671.25

RBHA Board Meeting
Development Report – March 1, 2022

Volunteer Hours	1503	1551	863
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Update on Grants and Gifts: See attached chart

Communications/Marketing:

Communications Plan has begun for 2022 – increased community awareness of RBH, educate and inform about behavioral health

Social Media Platforms, Email Newsletters, Website

Highlighting Employees – Social Work Month, National Counseling Month, etc.

Volunteer Projects:

Spring Projects (attached)

- Activity Kits
- Baby Care Kits

RBHF Board would like to invite the RBHA Board to participate again in a combined kit project (Baby Care Kits) – will be sending possible dates for the event

Appeals:

- Exceeded 100% increase in year-end appeal

Grant Applications:

- Several granting organizations have moved to Letters of Intent prior to grant applications – organizations will need to be invited to submit full applications.

RBHF Board Fundraising Project:

- Tom Maness has offered a \$5,000 match to RBHF Board member fundraising for a specific project (\$10,000 total). Project TBD on March 11, 2022.

Certified Community Behavioral Health Center (CCBHC)

RBHA Board of Directors
March 1, 2022

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What is a CCBHC?

- The Excellence in Mental Health and Addiction Act demonstration established a federal definition and criteria for Certified Community Behavioral Health Clinics (CCBHCs).
- These entities are designed to provide a comprehensive range of mental health and substance use disorder services to vulnerable individuals. In return, CCBHCs were originally designed to receive an enhanced Medicaid reimbursement rate (*prospective payment*), based on their anticipated costs of expanding services to meet the needs of these complex populations.
- CCBHCs **directly provide 9 required services**, with an emphasis on the provision of 24-hour crisis care, evidence-based practices, care coordination with local social service, criminal justice and primary care/hospital partners, integrating behavioral and physical health care.

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What is a CCBHC?

Includes (but not limited to):

- 24/7/365 mobile crisis team services
- Immediate screening and risk assessment for mental health, addiction, and basic primary care needs
- Easy access to care with criteria to assure a reduced wait time
- Tailored care for active duty military and veterans
- Expanded care coordination with local primary care providers, hospitals, other health care providers, social service providers, and law enforcement, with a focus on whole health and comprehensive access
- Commitment to peers and family, recognizing that their involvement is essential for recovery

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CCBHC Overview

Designed to:

- Improve overall health by providing **improved access to**, and **improved quality of** community-based mental health & SUD treatment;
- Advance behavioral health care to the **next stage of integration with physical health care**;
- Assimilate and use **evidence-based practices** on a more consistent basis;
- Move toward a **funding model** more closely aligned with that utilized with Federally Qualified Health Centers (FQHC).

CCBHC at RBHA

- Five years ago, RBHA was one of eight CSBs/BHAs selected to participate in **Virginia's 2-year CCBHC Planning Grant**
- Currently, RBHA has its **second, 2-year grant**, from SAMHSA, that is grant-funded and does not involve a prospective payment system
 - Yr 1: 2/15/21 – 2/14/22 (\$2,000,000)
 - Yr 2: 2/15/22 – 2/14/23 (\$2,000,000)

CCBHC Required Services

- Crisis mental health services including 24-hour mobile crisis teams, emergency crisis intervention and crisis stabilization;
- Screening, assessment and diagnosis;
- Patient-centered treatment planning;
- Outpatient mental health and substance use disorder services;

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CCBHC Required Services

- Primary care screening and monitoring;
- Targeted case management;
- Psychiatric rehabilitation services;
- Peer support services and family support services;
- Services for members of the armed services and veterans.

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Current SAMHSA Grant

Populations of focus & funding:

- Adults with SMI and/or SUD;
- Youth with SED; adolescent SUD;
- SAMHSA funds support services not covered by Medicaid & individuals without Medicaid coverage or other payor source;
- There is no requirement to develop a PPPM cost structure, and no requirement for DMAS involvement;

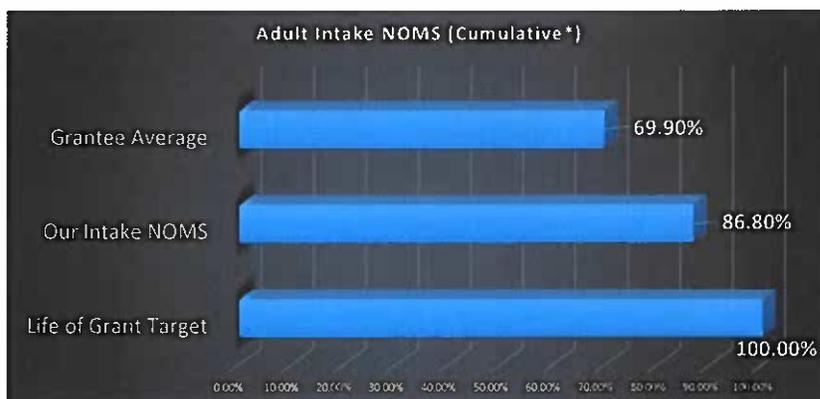
Care Coordination

- Care Coordination and domestic violence (DV) education are now embedded in the RICH Clinic
- Two dedicated Care Coordinators are tasked with monitoring emergency department usage for both physical and behavioral symptoms.
 - **EDCC (Emergency Dept. Care Coordination)**
 - **Agreements with Bon Secours and VCU**
- Care Coordinators communicate with clients and hospital staff to re-engage and link to primary care, psychiatry, therapy and/or SUD and MH case management.

Care Coordination

- Some RICH Clinic care coordination services are billable via the
 - **Transitional Care Management**
 - **Chronic Care Management**
- The RICH Clinic Clinician also provides follow-up services for clients who indicate high scores on our DV screening tool and Columbia suicide screenings.
- The RICH Clinic Certified Peer Recovery Specialist also assists with linking clients to RBHA.

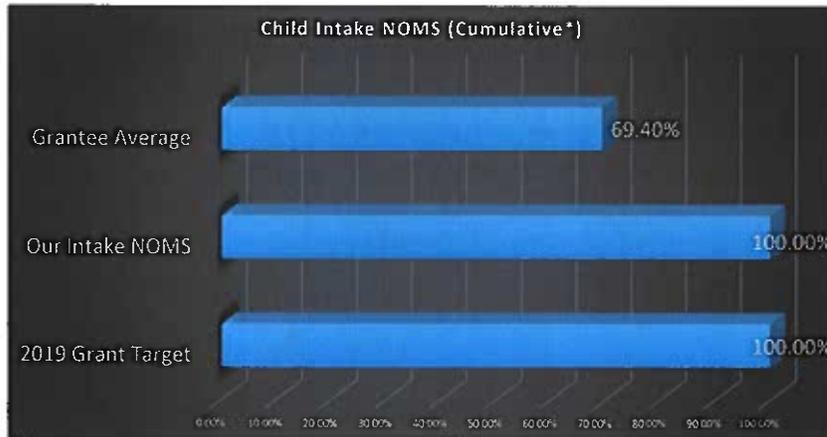
Evaluation: Grant Performance



ADULT INTAKE GOAL:

- 216 Cumulative (220 for grant Year 1)
- Our Year 1 Intakes: 191

Evaluation: Grant Performance



CHILD INTAKE GOAL:

- 35 for grant Year 1
- Our Year 1 Intakes: 35

Evaluation: Grant Performance



ADULT FOLLOW-UP:

- 97 OF 118 OPEN FOLLOW UPS CAPTURED

Evaluation: Grant Performance

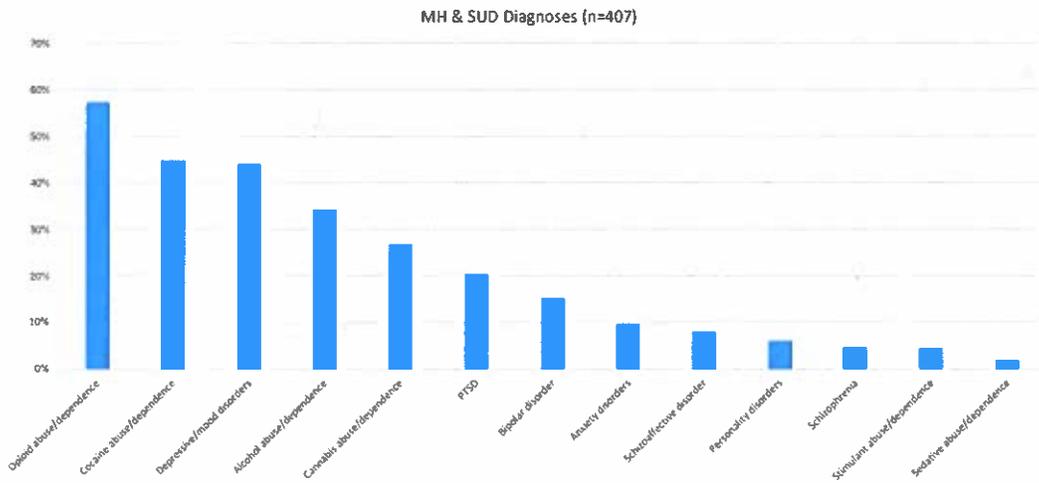


CHILD FOLLOW-UPS:

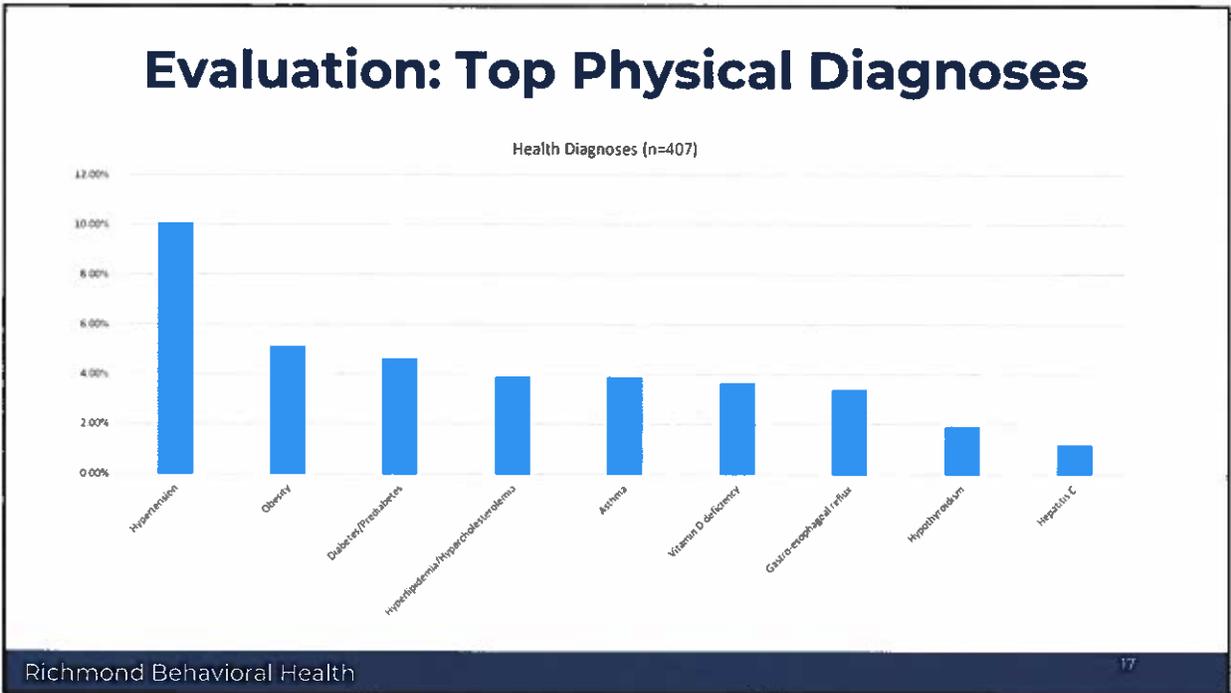
- 27 OF 33 OPEN FOLLOW UPS CAPTURED

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Evaluation: Top MH Diagnoses



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Evaluation: Outcomes

National Outcome Measures (NOMs)	Number of Consumers	Positive at Baseline	Positive at Second Interview	Outcome Improved	Percent Change
*Healthy overall (NOMs)	114	61.4 %	70.2 %	22.8 %	14.3 %
*Functioning in everyday life (NOMs)	116	63.8 %	69.0 %	43.1 %	8.1 %
*No serious psychological distress (NOMs)	89	97.8 %	93.3 %	2.2 %	-4.6 %
*Were never using illegal substances (NOMs)	89	84.3 %	83.1 %	9.0 %	-1.3 %
*Were not using tobacco products (NOMs)	89	22.5 %	24.7 %	7.9 %	10.0 %
*Were not binge drinking (NOMs)	89	91.0 %	95.5 %	6.7 %	4.9 %
*Retained in the Community (NOMs)	116	89.7 %	93.1 %	5.2 %	3.8 %
*Had a stable place to live (NOMs)	116	44.0 %	50.0 %	9.5 %	13.7 %
*Attending school regularly and/or currently employed/retired (NOMs)	116	42.2 %	49.1 %	11.2 %	16.3 %
*Had no involvement with the criminal justice system (NOMs)	116	100.0 %	99.1 %	0.0 %	-0.9 %
*Client perception of care (NOMs)	116	N/A	100.0 %	N/A	N/A
*Socially connected (NOMs)	115	95.7 %	94.8 %	7.8 %	-0.9 %

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Next Steps

- Continue post-grant sustainability planning & implementation:
Which services can we sustain through billing under Medicaid or Medicare?
- Continue to enhance the interdisciplinary services of the RICH Clinic; expanding agreements with hospitals for continuing care and information sharing
- Expanding & refining Primary Care Screening
- Expanding & refining Mobile Crisis Services
- Continue aligning our CCBHC requirements with those of STEP-VA

Questions?
Thank you.